

The Five Hazardous Attitudes

Antidote

Anti-authority: "Don't tell me."

This attitude is found in people who do not like anyone telling them what to do.

Follow the rules. They are usually right.

Impulsivity: "Do it quickly."

This is the attitude of people who frequently feel the need to do something, anything, immediately.

Not so fast. Think first.

Invulnerability: "It won't happen to me."

Accidents happen to others, but not to them. Risk takers.

It could happen to me.

Macho: "I can do it."

People who are always trying to prove that they are better than others and take risks to impress others.

Taking chances is foolish.

Resignation: "What's the use?"

Those who do not see themselves as being able to make a great deal of difference in what happens to them.

I'm not helpless. I can make a difference.